

Chicken and vegetables - 9.50

Chicken or pork cutlet and vegetables - 10.00

Ribeye beef and vegetables - 10.50

Shrimp and vegetables - 10.50

RAMEN

SOY, PORK, MISO, GARLIC or CURRY broth with bean sprouts & green onion

Vegetables - 8.25

Sliced roast pork - 8.75

Pork dumplings - 9.00

Shrimp dumplings - 9.00

Chicken cutlet - 10.00

Pork cutlet - 10.00

RED DRAGON RAMEN - Spicy miso ramen with "pork belly" & house kimchee - 10.50

YOKOZUNA RAMEN - Chef's choice of vegetables, meat, and/or seafood - 11.00

NOODLE SOUP

UDON (Thick) or ZARU-SOBA (Buckwheat noodle) with wonton crispies & green onion

Vegetables - 7.75

Seasoned tofu - 8.00

Chicken - 8.50

Chicken cutlet - 9.00

Pork cutlet - 9.00

Ribeye beef - 9.25

Tempura shrimp - 9.25

Seafood (Shrimp, crab sticks, and calamari) - 10.25

JAPANESE "CURRY" with RICE

(Potatoes, carrots, & onion in yellow curry. Add \$1.00 for UDON noodle instead of rice)

Vegetables - 7.75

Tofu - 8.25

Chicken - 8.75

Chicken cutlet - 9.50

Pork cutlet - 9.50

Ribeye beef - 9.75

Shrimp - 9.75

YAKI-MESHI

(**JAPANESE FRIED RICE** with egg, onion, carrots, sprouts, and peas)

Vegetables - 7.75 (GF)

Tofu - 8.25 (GF)

Roasted chicken - 9.00

Pork or chicken cutlet - 9.50

Ribeye beef - 9.75 (GF)

Shrimp - 9.75 (GF)

ZEN STYLE "RICE BOWL"

(Served with miso soup or garden salad. Substitute seaweed "WAKAME" salad for \$2.25 more)
(**Gluten Free** option available on some rice bowls)

SWEET or SPICY TERIYAKI, GARLIC SAUCE, CURRY MUSHROOM with broccoli & onion

Vegetables - 7.50

Tofu - 7.75

Roasted chicken - 8.25

Pork or chicken cutlet - 8.75

Ribeye beef - 9.25

Shrimp - 9.25

SMOKED SALMON with assorted vegetables - 8.75

Entrées below come with miso soup or garden salad.
Substitute seaweed "WAKAME" salad for \$2.25 more.

"DONBURI" RICE BOWL

(**Gluten Free** option available on some rice bowls)

Tofu Donburi (Tofu and onion in sauce) - 8.25

Chicken Donburi (Chicken, egg and onion in sauce) - 9.50

Ribeye Beef Donburi (Sliced prime rib beef and onion in sauce) - 10.75

Chicken-katsu Donburi (Breaded chicken cutlet, egg, and onion in sauce) - 10.25

Pork Donburi (Breaded pork cutlet, egg, and onion in sauce) - 10.25

Tempura Donburi (Shrimp and vegetable tempura) - 11.25

Eel Donburi (Barbeque eel and green onion) - 10.75

Poke Donburi (Fresh tuna and avocado in ginger or honey wasabi sauce) - 10.50

TEMPURA DINNER

(Rice upon request)

Vegetable Tempura (Lightly battered variety of vegetables) - 11.25

Shrimp Tempura (Lightly battered shrimp and vegetables) - 15.25

Seafood Tempura (Shrimp, tilapia, calamari, and vegetables) - 16.75

JAPANESE DINNER served in a "BENTO BOX"

(Served with rice, vegetable tempura, and seasonal side)

Grilled Tofu (with miso sauce. Vegan option available) - 9.75

Korokke (Breaded Japanese mashed potato patty) - 11.25

Tonkatsu (Breaded pork cutlet with BBQ sauce) - 13.00

Grilled Chicken (with teriyaki, spicy teriyaki, or garlic sauce) - 14.50

Chicken-katsu (Breaded chicken cutlet with BBQ sauce) - 15.00

Grilled Salmon (with teriyaki, spicy teriyaki, or garlic sauce) - 15.50

Sesame Crusted Tuna (Seared fresh Ahi tuna with citrus soy sauce) - 16.50

Add tempura shrimp to any Bento Box for \$1.50 per shrimp
For healthier option, substitute tempura for steamed vegetables.

SUSHI

MAKI / ROLL SUSHI (Seasoned rice rolled in seaweed sheet) ~ 8 to 10 pieces

(Non Raw)

- Kappa-Maki (Cucumber) - 4.00
- Avocado Roll - 5.00
- Unagi-Maki (Barbeque eel) - 7.00
- California Roll (Crab "surimi" sticks, avocado & cucumber) - 7.50
- Cali Roll Trio (Sweet, spicy, & crunchy style California roll) - 8.50
- Crazy Cali Roll (California roll with a spicy kick) - 8.00
- Zen Roll (Smoked salmon, cream cheese & avocado) - 7.50
- Zen Roll Trio (Sweet, spicy, & crunchy style Zen roll) - 8.50
- Crazy Zen Roll (Zen roll with a spicy kick) - 8.00
- Veggie Roll (Avocado, cucumber, lettuce, red pepper, pickled carrot & radish) - 7.50
- Futo-Maki (Sweet egg omelet, seasoned squash, shiitake mushroom & spinach) - 7.50
- Spinach Roll - 4.50
- Oshinko-Maki (Pickled radish) - 4.50
- Kampyo-Maki (Seasoned squash) - 4.50

(Raw)

- Tekka-Maki (Tuna) - 6.00
- Yellowtail-Maki - 7.00
- Alaska Roll (Salmon, avocado & cucumber) - 7.50
- Spicy Roll: Choose from Tuna, Salmon, Grilled Salmon, Yellowtail, Tilapia or Sweet Shrimp
- Salmon-Maki - 6.00
- Izumidai-Maki (Tilapia) - 5.25

- Spicy Deluxe Roll: Spicy sauce, avocado, pickled carrots, cucumber & lettuce with Tuna, Salmon, Grilled Salmon, Yellowtail, Tilapia or Sweet Shrimp - 8.00
- Crunchy Spicy Roll: Choose from Tuna, Salmon, Grilled Salmon, Yellowtail, Tilapia or Sweet Shrimp - 7.75

MAKI COMBO - 10 pieces of roll (Variety of CHEF'S CHOICE) - 12.25

NIGIRI / RICE BALL SUSHI (Hand-pressed rice ball with topping) / 2 pieces per order

- | | | |
|----------|-------------------------------|--------------------------------------|
| (Cooked) | • Unagi (Barbecue eel) - 5.25 | • Tamago (Sweet omelet) - 3.75 |
| | • Tako (Octopus) - 5.50 | • Inari (Sweet seasoned tofu) - 3.75 |
| | • Grilled Salmon - 5.25 | • Ebi (Sweet shrimp) - 4.25 |
| (Raw) | • Maguro (Tuna) - 5.25 | • Shake (Salmon) - 5.25 |
| | • Hamachi (Yellowtail) - 5.50 | • Ika (Squid) - 5.25 |
| | • Izumidai (Tilapia) - 4.25 | • Masago (Fish roe) - 5.25 |

NIGIRI COMBO - 6 pieces of CHEF'S CHOICE - 13.00

**SUSHI COMBO - 4 pieces each of tuna roll & cucumber roll
with 4 pieces of CHEF'S CHOICE Nigiri - 13.00**

SPECIALITY SUSHI ROLL

- Mount Fuji Roll (Grilled salmon, cucumber, spicy mayo inside with avocado & blue cheese sauce) - 8.00
- Spider Roll (Tempura soft shell crab, cucumber, carrots, lettuce & mango and eel sauce) - 9.00
- Spicy Hamachi Roll (Yellowtail, jalapeno & spicy sauce) - 10.00
- Tempura Sweet Potato Roll (with eel sauce or sweet chili sauce) - 6.00
- Tempura Shrimp Roll (with eel sauce or sweet chili sauce) - 8.00
- Baja Roll (Tempura shrimp, salmon, jalapeno, pepper flakes & spicy mayo) - 10.75
- Sweet n' Crunchy Shrimp Roll (Tempura shrimp, avocado, crunchies & spicy mayo with mango sauce on top) - 10.00
- Crunchy Shrimp Roll (Tempura shrimp, cucumber & spicy mayo inside with smelt roe, crunchies & eel sauce) - 10.50
- Lava Roll (Tempura shrimp, avocado inside with tuna, green onion & spicy lava sauce) - 11.50
- Number 9 Roll (Tempura shrimp and avocado inside with salmon & eel sauce) - 11.50
- Ninja Roll (Tempura shrimp, spicy tuna & cream cheese) - 12.00
- Warrior Roll (Tempura shrimp, tuna, avocado, spicy mayo, crunchies & hot sauce) - 12.50
- Wild Juneau Roll (Tempura shrimp inside with avocado, smoked salmon & blue cheese) - 10.50
- North Shore Roll (Tempura shrimp, avocado, cucumber with tuna, salmon, tilapia, mango, honey sriracha, cilantro, and sesame seeds) - 13.00
- Caterpillar Roll (BBQ eel and cucumber inside with avocado & eel sauce) - 8.75
- Dragon Roll (BBQ eel and cucumber inside with eel, avocado & eel sauce) - 12.50
- Red Line Roll (Avocado and cucumber inside with tuna, salmon, green onion, cilantro, lava & spicy mayo) - 12.00

Sumo Roll (Tuna, salmon, octopus, cucumber & avocado) - 12.00

Samurai Roll (Tuna, salmon, & yellowtail) - 12.50

Minnesota Roll (Tuna, salmon, cucumber with crunchies & eel sauce) - 10.25

Three Little Brothers Roll (Tuna, salmon, tilapia, mango sauce, lava sauce & green onion) - 8.75

Entrées below come with miso soup or garden salad. Substitute seaweed "WAKAME" salad for \$2.25 more. Rice upon request / All platters are "CHEF'S CHOICE"

SASHIMI "FRESH RAW FISH" PLATTER

Sashimi Sampler (Variety of 5 pieces of fresh raw fish/seafood) - 12.75

Regular (Variety of 8 pieces of fresh raw/seafood) - 16.25

Deluxe (Variety of 12 pieces of fresh raw/seafood) - 21.00

SUSHI & SASHIMI COMBO PLATTER

Regular (6 pieces of sashimi, 4 pieces of sushi roll, and 2 pieces of nigiri) - 22.00

Deluxe (8 pieces of sashimi, 6 pieces of sushi roll, and 4 pieces of nigiri) - 32.00



Zen House

DRINKS

- Soft Drink - 2.25
Pepsi, Diet Pepsi, Sierra Mist, Mountain Dew, Diet Mountain Dew,
Sweetened Raspberry Iced Tea
- Green Tea (Hot or Iced - Unsweetened) - 2.25
- Bottled Chocolate Milk - 1.50
- Bottled Apple Juice - 1.50
- Ramune - 3.00 (Ask us about availability)
- Creamy Japanese Sodas - 4.00 (Ask us about availability)
- Check our Grab-N-Go for more unique drinks and items - Price Varies

CHILDREN'S MENU

- BENTO BOX - 6.50

Beef Teriyaki, Chicken Teriyaki, or Japanese Potato "Korokke" Patty comes with white rice, steamed veggies, fresh fruit, pork or shrimp dumplings, and miso soup

- MINI CALIFORNIA ROLL - 5.50

- KID'S NOODLE SOUP - 4.00

Udon (Flour) Noodle
and
Beef, Chicken, Seasoned Tofu, Veggies, or Plain